

**Netball Key Rules**

**Please take note of the following key rules:**

- A team must arrive **three minutes prior** to the start of their game and Captains must report to the court coordinator. Failure to do so will result in automatically forfeiting the match.
- A minimum of 5 players is required to begin a match. Late arrivals will only be allowed to enter the field of play with the umpires consent.
- Everyone must observe the 1m (3 feet) Distance rule.
- Netball is a non-contact game. No player shall knock or push an opponent or interfere with her play, either accidentally or deliberately. Physical contact during a match constitutes a foul.
- The wearing of earring, chains, bracelets and watches is not permitted. Rings and piercings must be removed or taped. Long hair must be tied back. Nails must be cut short and will be checked by umpires prior to the start of games.
- The correct footwear and attire should be worn on the court.